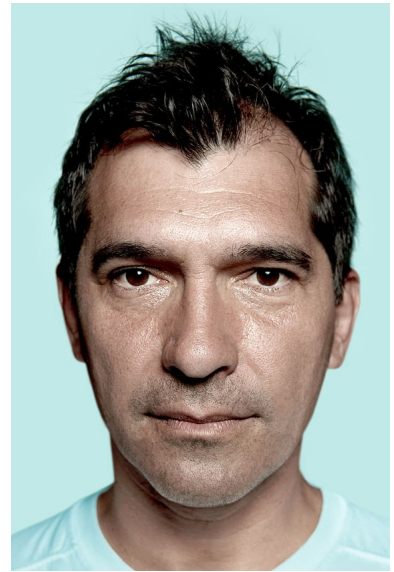
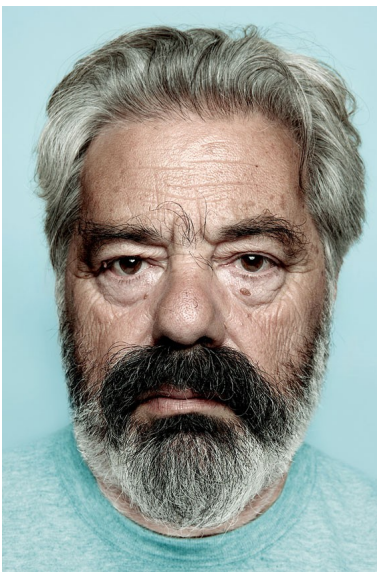


# Off camera flash

## Photography Lighting Techniques

### Friends

A couple of years ago I decided to do a series of portraits of my friends. Most of my friends that I have known for a long time live in Uruguay, and with them I've shared my childhood, adolescence and college years. Those I have met in Spain have emerged from different encounters in life during my twenty years living in Barcelona.



"Friends" is linked to the idea of the pass of time and although it is not yet finished, you can see parts of it on [my website](#).

My friends are very good people, funny, intelligent, creative, etc. Although I think that we all consider that our best friends are like that! Or not? Each one of them of course has its own personality, so the intention was to unify the work by the same visual treatment. One of the first friends that I photographed was "El Flaco Pérez", [my almost fetish friend](#) as I explained in a previous post.



The light should be very uniform and hardly generate any character. A flat lighting, smooth, soft, enveloping, (almost as "passport photo") helped provide a low-contrast lighting that later could be contrasted in the post production.



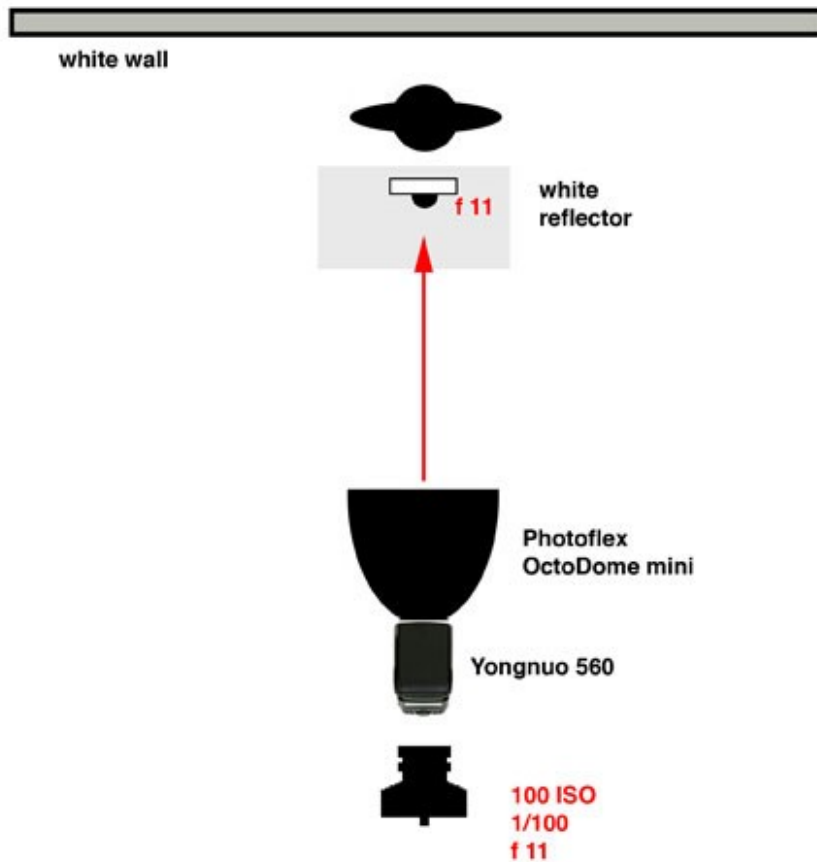
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The difficulties in moving heavy lighting equipment from Spain to Uruguay, or the same difficulty when I would have to make the photographs of my friends in Barcelona, in their homes or at their work places made me decide to do the sessions with a [Strobist](#) flash. In some cases I worked with a [Metz 32 CT3](#) flash with a rechargeable battery or [my DIY battery](#). I also did some sessions with a [Yongnuo 560](#) flash with Godox Power Pack [PB820](#) battery pack. I achieved the softness of the picture with a fantastic Photoflex light box, the [mini OctoDome](#).

Note that we improvised each session with a white surface to fill the shadows. Sometimes we used architecture sketches, sometimes photo paper, tablecloths, etc. Well, what we had at hand in each house.



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<http://off-camera-flash.com/english/2012/05/friends/>