

Off camera flash

Photography Lighting Techniques

Head in a freezer

Some months ago I was in Montevideo, Uruguay, where I exhibited my latest personal project - [Love Rooms](#) - and where I also did [workshops](#) on the subject "strobist" techniques for two groups on the occasion of the workshops organized for the [Fotograma 2011](#), an international photography encounter. Four practical classes and three theoretical classes were realized, and during the first practical practice this picture was made.



Model Laura Martinelli

A friend of mine had got permission for me to work comfortably in an abandoned [spa](#) facility, and in one of the corners inside this spa center I saw an old fridge that inspired me to take a photo. The natural light on the place was very good, but it came from behind of the model.



I decided to decrease the contrast with a translucent umbrella, from the left of the camera and in this way balance the ratios of light to Ratio 0.



I opened the fridge and decided to take a picture where the model took something out from it or looked if there was something inside of it. That was when I realized how dirty the environment was and how worn out the fridge was... You could only find something strange in there!

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I liked the result. For the light in the refrigerator to be the main lighting of the scene I decided to underexpose the ambient light -2 EV. The light of the refrigerator lacked of character, which I gave it by placing a green gelatin on the flash that I had put inside of the fridge. In this way the color would emphasize the morbid theme.

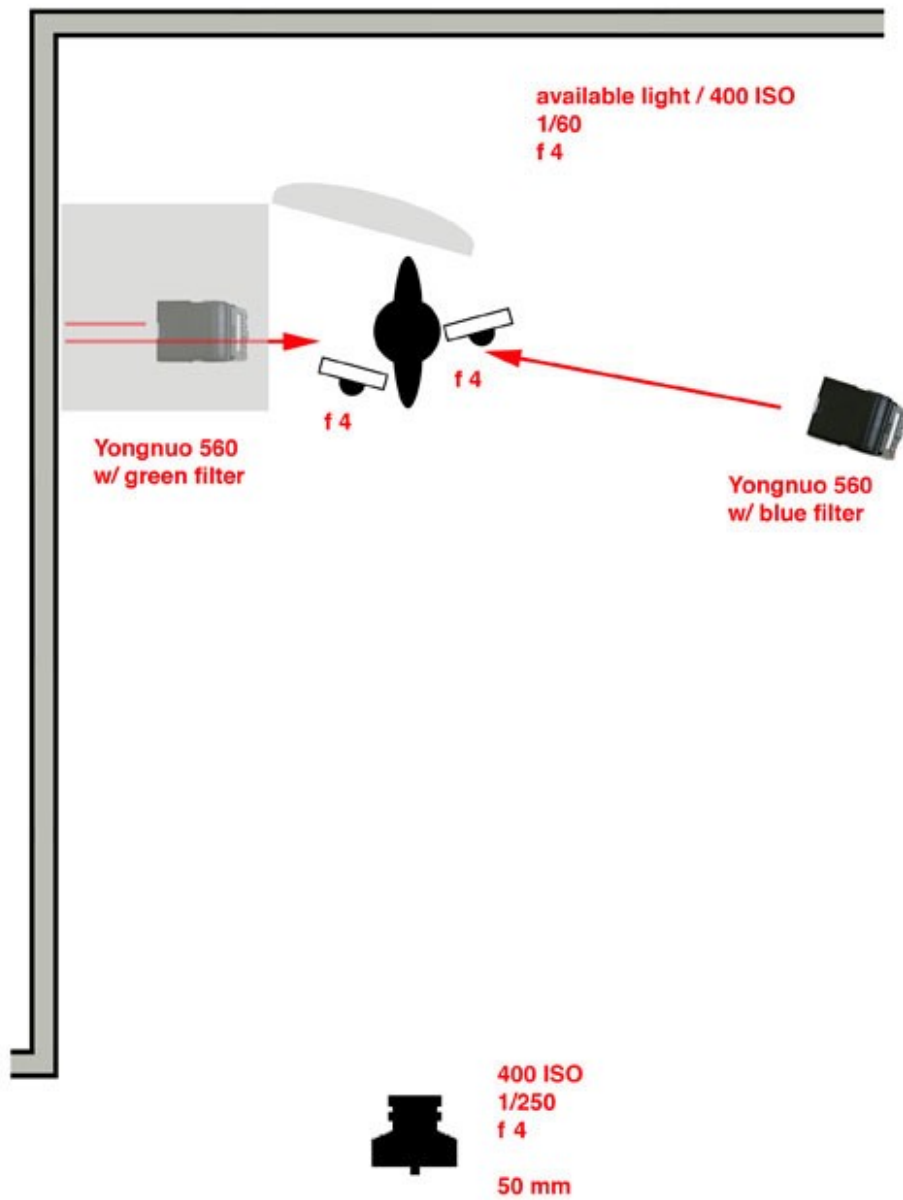


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Finally, the wall in the background needed another tone and therefore I decided to use a second flash, a [Yongnuo 560](#), with blue gelatin from [Rosco](#). The interesting thing with the result was to see on the screen of the camera, once the photo was made, how the picture had changed from what we had seen before the flashes were fired off and before we underexposed the atmosphere.





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